



Catholic Spiritual Gifts

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# Holy Spirit Workshop

March 18th, 2023

10am-2pm

10am ~ 10:50am

## Welcome, Prayer, & Holy Spirit Introduction

During the first session of the workshop, we'll discuss the role of the Holy Spirit in our lives. How we are set apart and created not just for this life but more importantly, to dwell with God for ALL eternity! We'll also be reminded that we were all created by God out of LOVE for a purpose!

11am ~ Noon

## Spiritual Gifts Deep Dive

God equips us for EVERY good work! He will never call us to something that He has not equipped us for! We'll talk about how using our spiritual gifts helps us live out our call to discipleship and connects us to one another. This time includes a Spiritual Gifts Assessment to help you discern your unique charisms.

12pm-12:45pm  
LUNCH

12:45pm ~ 1:30 pm

## Building Your Relationship with the Holy Spirit

CCC 687 states "No one comprehends the thoughts of God except the Spirit of God." That means we need the Holy Spirit to help us hear and understand what God is saying to us. In this session, we'll discuss how prayer and the regular reception of the Sacraments empower us to resist temptation and help us conform our will and intellect to God. The more we use these gifts the more graces we receive to do God's will, and live a joyfilled life - regardless of our circumstances!

1:30pm ~ 2pm

## Q&A

During this Q&A you can ask me your questions about anything I've discussed. At 2 pm, I encourage you to make your way to Adoration to spend time with our Lord in the Blessed Sacrament and participate in the Sacrament of Reconciliation if you choose.